To help reduce the morning rush, place an online order! Please visit and register at www.ouronlinecanteen.com.au

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Donations
If you are unable to volunteer but would still like to help, our Canteen would be very grateful for donations of any of the items shown here.

Traffic Light System
The Canteen operates under the West Australian Department of Education’s Healthy Food and Drink policy, introduced in 2007. Part of this policy is the traffic light system:

- **GREEN** – fill the menu > 60%
- **AMBER** – select carefully < 40%
- **RED** – off the menu

Menu items are marked with a (G) or an (A) to reflect this policy.

Peg’s Creek Primary School P&C are working hard to provide our children with healthy delicious meals and snacks. If you are passionate about providing amazing food like we are, please come and help us! The more helpers, the more homemade food we can provide and expand our menu. There are lots of ways to help, not just cooking, so please pop your head in, say hello and join us ☺

Peg’s Pantry is currently sitting on 93% green!!!

Peg’s Creek Primary School Canteen

Canteen Manager
Ph 9144 4141

Any profits made in the canteen go directly back to the P&C and therefore straight back into the school ☺

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>ham/cheese s/w</td>
<td>3.50</td>
</tr>
<tr>
<td>Just Juice</td>
<td>2.00</td>
</tr>
<tr>
<td>Jack Jones</td>
<td>TA 8</td>
</tr>
</tbody>
</table>

Please always use paper bags and fill out like this 😊

← No envelopes please
**Recess**

- Fresh Fruit (seasonal) (G) $1.00
- Fruit & Jelly cup (G) $1.00
- - with or without custard
- Cheesie (G) $1.00
- Mini Pizza (G) $1.50
- Milo Tub (G) $1.50
- Up and Go (G) $2.00

**Lunch**

**Wraps (G)**

- Ham & Salad $5.50
- Chicken & Salad $5.50
- Tuna & Salad $5.50

**Hot Food (G)**

- Spaghetti $5.50
- Lasagne $5.50
- Hawaiian Pizza (Thursdays only) $5.00
- Vegetarian Pizza (Thursdays only) $5.00
- Sausage Roll (A) (Fridays only) $3.00
- Meat Pie (A) (Fridays only) $4.00

**Drinks**

- Water (G) $1.50
- Plain Milk (low fat) (G) $1.50
- Up and Go (G) (chocolate, strawberry, banana or vanilla) $2.00
- Juice Box (A) (blackcurrant, apple or tropical) $2.00

**Sandwiches (G)**

- Vegemite $2.50
- Cheese $2.50
- Ham $3.00
- Chicken $3.00
- Ham & Cheese $3.50
- Chicken & Cheese $3.50
- Egg $3.50
- Tuna $3.00
- Ham & Salad $5.00
- Chicken & Salad $5.00
- Tuna & Salad $5.00

**Extras:**
- pineapple, beetroot, cheese 50c

Please include on your order if you would like mayonnaise or toasted.

Orders received after 9 am will have the choice of a simple sandwich 😊

**Canteen Opening Hours**

- Thursday 8am - 1pm
- Friday 8am - 1pm